The Bead Hold

## HOW TO: Secure a stretch bracelet



1. Check the length of your bracelet. The beads should meet perfectly around your wrist without stretching. Add or remove beads as needed and check the length again. The reason most stretch bracelets break is because they are too tight and over stretch.
2. Take the ends and tie them togther with a single granny knot.

Pull the ends nice and firmly so the cord stretches out a bit. Make a second firm knot. Flip the ends 180 degrees and make another 2 knots. Pull the cord nice and tight with each knot, stretching the cord out.
3. Paint the knots with some clear nail varnish or clear drying glue for added security. Once dry, trim the cord $2-3 \mathrm{~mm}$ from the knots.

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